



COVID-19 Response and Protocols

Whenever Princeton Academy of the Sacred Heart has a confirmed COVID-19 case, we will immediately consult with the Princeton Health Department who will provide specific instructions on how to handle each individual case, and we will quickly activate our communication protocols with impacted students and families. In the absence of information about specific cases and knowing some responses will vary depending on the circumstances, what follows are general guidelines that are consistent with CDC recommendations and the NJDOH Recommendations for Local Health Departments for K-12 Schools. This document is subject to change as guidelines and recommendations are updated. *Please note: All test results and health information will be handled confidentially and will be reviewed and communicated by the School Nurse.*

If Members of a Household Test Positive for COVID-19

If a member of your household tests positive for COVID-19, is awaiting test results, or is experiencing COVID-19-like symptoms, please keep your student home. Call your doctor, and inform the school's Health Office by calling (609) 921-6418.

Close contact definition: Any individual who was within 3-6 feet of an infected person (positive COVID-19 case) for at least 15 minutes, cumulatively, over 24 hours, starting from 2 days before illness onset (or, for asymptomatic persons, 2 days prior to positive specimen collection) until the time the patient is isolated. A close contact is someone who has direct contact with the infectious secretions of a positive COVID-19 case (e.g., were coughed on). Walking past a lab-confirmed COVID-19 case or just being in the same building does not qualify as being a close contact.

Contact Tracing

Should a student or faculty/staff member test positive for COVID-19, the school will partner with the Princeton Health Department to appropriately notify individuals. Members of the School Leadership Team and the School Nurse have been certified in contact tracing through a course provided by Johns Hopkins University. The School Nurse will work with the Princeton Health Department to identify individuals with whom the infected school community member may have been in close contact.

Positive Faculty/Staff Member or Student in school

If a teacher, staff member or student tests positive, they will self-isolate for a minimum of 10 days.

We will be in close communication with the Princeton Health Department at this time and contact tracing will begin to identify those individuals considered to be close contacts. Close contacts will need to quarantine for 5-10 days regardless of vaccination status, unless we hear otherwise from the local health department.

Because siblings of students who are identified as close contacts are considered secondary contacts, they will not be required to quarantine unless they are symptomatic or awaiting results of a PCR COVID test. This proactiveness of getting siblings tested is highly recommended for everyone's safety.

Close contact/exposure outside of school

If a person is exposed to a COVID-positive case, they will need to quarantine for 5-10 days unless we hear otherwise from the local health department. At this time Princeton Academy only accepts PCR COVID tests. Please refer to the table below for Princeton Academy specific requirements for fully vaccinated and non-vaccinated individuals:

If fully vaccinated	If NOT fully vaccinated
➤ Get a PCR test 3-5 days after known exposure and quarantine until results come back	➤ 10 day quarantine*, no symptoms
➤ Watch for symptoms	➤ Optional PCR test 3-5 days after known exposure
➤ If negative and symptom free, individual can return to campus	➤ If negative and symptom free, individual can return to campus AFTER day 7
➤ If positive, individual will isolate for 10 days*	➤ If positive, individual will isolate for 10 days

If a student is required to quarantine or isolate due to a COVID-related event, the student will transition to remote learning for the length of their quarantine or isolation. All transitions to remote learning require a “pivot” day for the teaching team and tech team to prepare.

*Quarantine protocols are subject to change due to COVID activity levels articulated by NJDOH. A 14-day quarantine with no test out option may be required if articulated by NJDOH.

Returning to school if Student or Faculty/Staff Tests Positive for COVID-19

The following protocols are in place and follow the CDC guidelines.

1. Any individual who tests positive for COVID-19 and has symptoms may return if:
 - a. At least 10 days have passed since symptoms first appeared, and
 - b. No fever, without fever-reducing medication, and
 - c. Symptoms have improved

A negative COVID-19 test is not required to return to campus but may be recommended.

2. Any individual that tests positive for COVID-19 AND has no symptoms may return after:
 - a. at least 10 days have passed since the positive test and still no symptoms
3. Any individual that tests positive for COVID-19 and has no symptoms but develops symptoms must:
 - a. follow guidelines for those individuals with symptoms and consider the first day of symptoms day 1

Feeling Sick During the School Day

A student who feels ill should alert their teacher and be brought to the Health Office for a consultation with the School Nurse. The School Nurse will contact the student's parents / guardians if the student needs to be picked up from school and will need to do so within an hour of the request. If this is not possible, a pick-up designator will need to be provided.

Isolation Area

An isolation area will be located across from the Health Office should the School Nurse determine that a student should isolate. The School Nurse is provided with Personal Protective Equipment to care for those with suspected COVID-19.

Pick-Up Protocol

Parents/guardians are requested to pick up any ill students directly from the side Hawk Hall entrance door (please do not use the main entrance of the school).

Return to Princeton Academy Campus After Confirmed or Suspected COVID-19

➤ Laboratory Confirmed Case with Symptoms

Symptom-Based Strategy: Person should remain in home isolation at least until 10 days have passed since symptoms first appeared and fever has resolved without the use of fever-reducing medications and improvement of symptoms.

➤ **Laboratory Confirmed Case without Symptoms**

Time-Based Strategy: Person should remain in home isolation and have remained asymptomatic at least until 10 days have passed since the date of their first positive COVID-19 test (if symptoms have occurred, then this strategy no longer applies).

Negative PCR Test, but Symptoms Suspicious for COVID-19

If the person has tested negative for COVID-19 but is currently experiencing symptoms, the recommendation is to stay home and practice social distancing until 72 hours after the fever has ended without the use of fever-reducing medications and symptoms improve. A follow up COVID-19 test is highly recommended for everyone's safety and/or a doctor's note giving permission to resume regular school activities.

Negative PCR Test and No Symptoms, But Living With a COVID-19 Positive Person

If you live in a household with a household member who has COVID-19, you and others in your household may have been exposed to the virus, but test negative. Exposure is possible even if you have tested negative and may have no symptoms. For this reason, it is recommended that all household members must monitor themselves for symptoms and/or receive a follow up COVID test 3 days after their initial test.

Household members who have been living with a COVID-19 positive person are considered close contacts to the positive COVID case. It is recommended that the household contacts please refer to the chart above regarding exposure outside of school for vaccinated and unvaccinated individuals. Additionally, the quarantine timeline may increase if the household member who is infectious is unable to truly isolate themselves.

The COVID-19-positive person who lives with others has a self-isolation of 10 days from the time symptoms began or the date of the positive test, and 24 hours being fever-free without fever-reducing medicine.

Negative PCR Test and No Symptoms, But Close Contact of a COVID-19 Positive Person

If a person is identified as being a close contact of a COVID-19 person, it is recommended that they self-quarantine for 5-7 days from the last date of exposure depending on vaccination status. While they are self-quarantining, they must monitor themselves for symptoms. Please refer to the chart above regarding exposure outside of school for vaccinated and unvaccinated individuals.


Domestic and International Travel

The CDC recommends delaying travel until you are fully vaccinated. Princeton Academy will uphold CDC and NJDOH travel guidelines as illustrated below.

As a reminder, Remote Learning will be available for exposure or quarantine reasons associated with COVID positive cases ONLY and NOT during travel quarantine.

CORONAVIRUS DISEASE 2019 (COVID-19)


Domestic Travel RECOMMENDATIONS AND REQUIREMENTS		
	Not Vaccinated	Fully Vaccinated
Get tested 1-3 days before travel	✓	
Get tested 3-5 days after travel and self-quarantine for 7 days. Self-quarantine for 10 days if you don't get tested.	✓	
Self-monitor for symptoms	✓	✓
Wear a mask and take other precautions during travel	✓	✓

cdc.gov/coronavirus

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CORONAVIRUS DISEASE 2019 (COVID-19)

International Travel RECOMMENDATIONS AND REQUIREMENTS	Not Vaccinated		Fully Vaccinated	
Get tested 1-3 days before traveling out of the US	✓			
Mandatory test required before flying to US	✓		✓	
Get tested 3-5 days after travel	✓		✓	
Self-quarantine after travel for 7 days with a negative test or 10 days without test	✓			
Self-monitor for symptoms	✓		✓	
Wear a mask and take other precautions during travel	✓		✓	



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Please note, at Princeton Academy, quarantine is required for international travel while awaiting return of PCR test results. **At this time, Princeton Academy only accepts PCR COVID tests.**

Vaccination

The NJDOH states that vaccinations are, “the leading public health prevention strategy to end the COVID-19 pandemic.” At Princeton Academy, we are strongly encouraging all those eligible to receive the COVID-19 vaccine. Please upload your son’s vaccination card (after he receives both doses) into Magnus Health for contact tracing purposes. Additionally, please contact the Health Office regarding your son’s COVID-19 vaccination status.

As per the state mandate, Princeton Academy is requiring all employees to be vaccinated by October 18, 2021, or be tested for the virus biweekly.

COVID Resources from NJDOH and CDC

[NJDOH COVID-19 Dashboard](#)
[Quarantine and Isolation](#)

[Domestic Travel During COVID 19](#)
[International Travel During COVID-19](#)